PSP/CBD Quiz

See how you do on these 21 quiz questions!

Feedback? Email conference@brainsupportnetwork.org



Quiz Question #1

Which of these are types of Progressive Supranuclear Palsy?

- □ A) PSP-RS/ Richardson's Syndrome
- □ B) PSP-P/ PSP-parkinsonism

- ☐ C) pure akinesia with gait freezing
- □ D) borborygmi





Quiz Question #1

Which of these are types of Progressive Supranuclear Palsy?



□ D) borborygmi

(C is the least common. D is the sound of your stomach growling.)





Quiz Question #2

True/False?

Corticobasal Degeneration (CBD) is the rarest of the four atypical parkinsonism disorders.

☐ True

□ False





Quiz Question #2

True/False?

Corticobasal Degeneration (CBD) is the rarest of the four atypical parkinsonism disorders.



□ False





Quiz Question #3

How many people in the USA are diagnosed with PSP?

□ A) 10,000-15,000

□ C) 20,000-25,000

□ B) 15,000-20,000

D) 25,000-30,000





Quiz Question #3

How many people in the USA are diagnosed with PSP?

□ A) 10,000-15,000

□ C) 20,000-25,000



□ D) 25,000-30,000





Quiz Question #4

CBD can be classified as:

☐ A) an atypical parkinsonism disorder

☐ C) a type of frontotemporal degeneration

☐ B) a non-Alzheimer's dementia





Quiz Question #4

CBD can be classified as:

A) an atypical parkinsonism C) a type of frontotemporal disorder

degeneration

B) a non-Alzheimer's dementia





Quiz Question #5

What percentage of PSP cases are inherited?

□ A) 3%

□ C) 17%

□ B) 5%

□ D) 30%





Quiz Question #5

What percentage of PSP cases are inherited?



□ C) 17%

□ B) 5%

□ D) 30%





Quiz Question #6

Which of these are types of CBD?

- ☐ A) Corticobasal syndrome
- ☐ B) Frontal behavioral-spatial syndrome

- ☐ C) Nonfluent/agrammatic variant of primary progressive aphasia
- D) Progressive supranuclear palsy syndrome

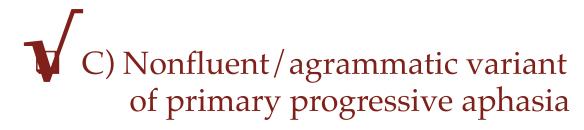




Quiz Question #6 Which of these are types of CBD?













Quiz Question #7

The most common causes of death for people with PSP and CBD are:

☐ A) stroke

☐ B) pneumonia (due to immobility or swallowing problems)

- ☐ C) inability to take in nutrition and hydration
- ☐ D) complications from falls (head injury)





Quiz Question #7

The most common causes of death for people with PSP and CBD are:

☐ A) stroke

B) pneumonia (due to immobility or swallowing problems)

C) inability to take in nutrition and hydration

D) complications from falls (head injury)





Quiz Question #8

True/False?

Treatments for PSP and CBD focus on preventing falls and aspiration pneumonia.

□True

□False





Quiz Question #8

True/False?

Treatments for PSP and CBD focus on preventing falls and aspiration pneumonia.



□False





Quiz Question #9

Common symptoms that many with PSP develop include:

- ☐ A) dysarthria (slurred, inarticulate speech)
- B) pseudobulbar palsy/emotional incontinence (laughter or crying at inappropriate times)
- ☐ C) retrocollis (abnormal neck posture where the head is flexed backwards)

- □ D) personality changes such as sudden anger
- E) vision issues (blurred or double vision, infrequent blinking/dry eyes, blepharospasm involuntary closing of eyelids)
- ☐ F) decrease in speech / mutism





Quiz Question #9

Common symptoms that many with PSP develop include:

A) dysarthria (slurred, inarticulate speech)

B) pseudobulbar palsy/emotional incontinence (laughter or crying at inappropriate times)

C) retrocollis (abnormal neck posture where the head is flexed backwards)

D) personality changes such as sudden anger

E) vision issues (blurred or double vision, infrequent blinking/dry eyes, blepharospasm - involuntary closing of eyelids)

F) decrease in speech / mutism

(This is a partial list!)





Quiz Question #10

Disorders such as PSP and CBD are:

☐ A) zebra – medical slang for a rare condition

- ☐ B) imitators because their symptoms can look like each other and Parkinson's disease
- ☐ C) progressive because symptoms continue to worsen over time
- □ D) a walk in the park –because family and friends always step in to help





Quiz Question #10

Disorders such as PSP and CBD are:



B) imitators – because their symptoms can look like each other and Parkinson's disease



□ D) a walk in the park –because family and friends always step in to help





Quiz Question #11

True/False?

People might suspect someone with PSP is drunk because they may walk with a wide stance and staggering gait.

□ True

□ False





Quiz Question #11

True/False?

People might suspect someone with PSP is drunk because they may walk with a wide stance and staggering gait.



☐ False

Dudley Moore had PSP





Quiz Question #12

True/False?

Downgaze palsy never occurs in CBD.

□True

□False





Quiz Question #12

True/False?

Downgaze palsy never occurs in CBD.

□True







Quiz Question #13

Treatments for PSP and CBD include:

☐ A) physical therapy

☐ C) occupational therapy

☐ B) speech therapy

☐ D) exercise





Quiz Question #13

Treatments for PSP and CBD include:











Quiz Question #14

True/False?

Alien limb phenomenon—involuntary activity of a limb and a feeling that the limb is foreign—can occur in people with CBD.

□True

□ False





Quiz Question #14

True/False?

Alien limb phenomenon—involuntary activity of a limb and a feeling that the limb is foreign—can occur in people with CBD.









Quiz Question #15

True/False?

Alien limb never occurs in PSP.

□True

☐ False





Quiz Question #15

True/False?

Alien limb never occurs in PSP.









Quiz Question #16

True/False?

Falls of PSP are often "unexplained" because there seems no reason for the person to have fallen.

□True

□ False





Quiz Question #16

True/False?

Falls of PSP are often "unexplained" because there seems no reason for the person to have fallen.



☐ False





Quiz Question #17

When diagnosing CBD:

- ☐ A) it is very difficult diagnosis to get the diagnosis right
- B) the term "corticobasal syndrome" is a clinical diagnosis

- ☐ C) the term "corticobasal degeneration" is a pathologic diagnosis (established by autopsy)
- D) at autopsy, those diagnosed with CBS don't usually have CBD!





Quiz Question #17When diagnosing CBD:

A) it is very difficult diagnosis to get the diagnosis right

B) the term "corticobasal syndrome" is a clinical diagnosis

C) the term "corticobasal degeneration" is a pathologic diagnosis (established by autopsy)

D) at autopsy, those diagnosed with CBS don't usually have CBD!





Quiz Question #18

Medications for people with PSP and CBD may be effective for these symptoms:

☐ A) depression

☐ C) dry eyes

☐ B) urinary incontinence

☐ D) freezing of gait

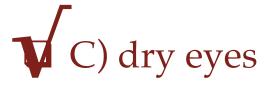




Quiz Question #18

Medications for people with PSP and CBD may be effective for these symptoms:







☐ D) freezing of gait





Quiz Question #19

True/False?

Frontotemporal degeneration (FTD) is an umbrella term referring to disorders of the frontal lobe and temporal lobe. Subtypes of FTD include PSP and CBD.

□True

☐ False





Quiz Question #19

True/False?

Frontotemporal degeneration (FTD) is an umbrella term referring to disorders of the frontal lobe and temporal lobe. Subtypes of FTD include PSP and CBD.



□False





Quiz Question #20

True/False?

Alzheimer's medications are helpful with the dementia in Richardson's syndrome.

□True

□ False





Quiz Question #20

True/False?

Alzheimer's medications are helpful with the dementia in Richardson's syndrome.









Quiz Question #21

PSP has been known as:

☐ A) Steele-Richardson-Olszewski syndrome

☐ C) frontotemporal dementia with parkinsonism

☐ B) Parkinson's plus

☐ D) none of the above





Quiz Question #21

PSP has been known as:



C) frontotemporal dementia with parkinsonism



☐ D) none of the above



