

PSP/CBD Quiz

See how you do on these 21 quiz questions!

Feedback? Email conference@brainsupportnetwork.org



Brain Support Network

Quiz Question #1

Which of these are types of Progressive Supranuclear Palsy?

- A) PSP-RS /
Richardson's Syndrome
- B) PSP-P /
PSP-parkinsonism
- C) pure akinesia
with gait freezing
- D) borborygmi

Quiz Question #1

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Richardson's Syndrome

B) PSP-P /
PSP-parkinsonism

C) pure akinesia
with gait freezing

D) borborygmi

(C is the least common. D is the sound of your stomach growling.)

Quiz Question #2

True/False?

Corticobasal Degeneration (CBD) is the rarest of the four atypical parkinsonism disorders.

True

False

Quiz Question #2

True/False?

Corticobasal Degeneration (CBD) is the rarest of the four atypical parkinsonism disorders.

True

False

Quiz Question #3

How many people in the USA are diagnosed with PSP?

A) 10,000-15,000

C) 20,000-25,000

B) 15,000-20,000

D) 25,000-30,000

Quiz Question #3

How many people in the USA are diagnosed with PSP?

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- B) 15,000-20,000
- C) 20,000-25,000
- D) 25,000-30,000

Quiz Question #4

CBD can be classified as:

- A) an atypical parkinsonism disorder
- B) a non-Alzheimer's dementia
- C) a type of frontotemporal degeneration

Quiz Question #4

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C) a type of frontotemporal degeneration

B) a non-Alzheimer's dementia

Quiz Question #5

What percentage of PSP cases are inherited?

A) 3%

C) 17%

B) 5%

D) 30%

Quiz Question #5

What percentage of PSP cases are inherited?

A) 3%

C) 17%

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Quiz Question #6

Which of these are types of CBD?

- A) Corticobasal syndrome
- B) Frontal behavioral-spatial syndrome
- C) Nonfluent/agrammatic variant of primary progressive aphasia
- D) Progressive supranuclear palsy syndrome

Quiz Question #6

Which of these are types of CBD?

- A) Corticobasal syndrome
- B) Frontal behavioral-spatial syndrome
- C) Nonfluent/agrammatic variant of primary progressive aphasia
- D) Progressive supranuclear palsy syndrome

Quiz Question #7

The most common causes of death for people with PSP and CBD are:

- A) stroke
- B) pneumonia
(due to immobility
or swallowing problems)
- C) inability to take in
nutrition and hydration
- D) complications
from falls (head injury)

Quiz Question #7

The most common causes of death for people with PSP and CBD are:

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(due to immobility
or swallowing problems)

C) inability to take in
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D) complications
from falls (head injury)

Quiz Question #8

True/False?

Treatments for PSP and CBD focus on preventing falls and aspiration pneumonia.

True

False

Quiz Question #8

True/False?

Treatments for PSP and CBD focus on preventing falls and aspiration pneumonia.

True

False

Quiz Question #9

Common symptoms that many with PSP develop include:

- A) dysarthria (slurred, inarticulate speech)
- B) pseudobulbar palsy / emotional incontinence (laughter or crying at inappropriate times)
- C) retrocollis (abnormal neck posture where the head is flexed backwards)
- D) personality changes such as sudden anger
- E) vision issues (blurred or double vision, infrequent blinking / dry eyes, blepharospasm - involuntary closing of eyelids)
- F) decrease in speech / mutism

Quiz Question #9

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- ✓ A) dysarthria (slurred, inarticulate speech)
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- ✓ E) vision issues (blurred or double vision, infrequent blinking / dry eyes, blepharospasm - involuntary closing of eyelids)
- ✓ F) decrease in speech / mutism

(This is a partial list!)

Quiz Question #10

Disorders such as PSP and CBD are:

- A) zebra – medical slang for a rare condition
- B) imitators – because their symptoms can look like each other and Parkinson's disease
- C) progressive – because symptoms continue to worsen over time
- D) a walk in the park – because family and friends always step in to help

Quiz Question #10

Disorders such as PSP and CBD are:

- A) zebra – medical slang for a rare condition
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- C) progressive – because symptoms continue to worsen over time
- D) a walk in the park – because family and friends always step in to help

Quiz Question #11

True/False?

People might suspect someone with PSP is drunk because they may walk with a wide stance and staggering gait.

True

False

Quiz Question #11

True/False?

People might suspect someone with PSP is drunk because they may walk with a wide stance and staggering gait.

True

False

Dudley Moore had PSP

Quiz Question #12

True/False?

Downgaze palsy never occurs in CBD.

True

False

Quiz Question #12

True/False?

Downgaze palsy never occurs in CBD.

True

False

Quiz Question #13

Treatments for PSP and CBD include:

- A) physical therapy
- B) speech therapy
- C) occupational therapy
- D) exercise

Quiz Question #13

Treatments for PSP and CBD include:

A) physical therapy

C) occupational therapy

B) speech therapy

D) exercise

Quiz Question #14

True/False?

Alien limb phenomenon—involuntary activity of a limb and a feeling that the limb is foreign—can occur in people with CBD.

True

False

Quiz Question #14

True/False?

Alien limb phenomenon—involuntary activity of a limb and a feeling that the limb is foreign—can occur in people with CBD.

True

False

Quiz Question #15

True/False?

Alien limb never occurs in PSP.

True

False

Quiz Question #15

True/False?

Alien limb never occurs in PSP.

True

False

Quiz Question #16

True/False?

Falls of PSP are often “unexplained” because there seems no reason for the person to have fallen.

True

False

Quiz Question #16

True/False?

Falls of PSP are often “unexplained” because there seems no reason for the person to have fallen.

True

False

Quiz Question #17

When diagnosing CBD:

- A) it is very difficult diagnosis to get the diagnosis right
- B) the term “corticobasal syndrome” is a clinical diagnosis
- C) the term “corticobasal degeneration” is a pathologic diagnosis (established by autopsy)
- D) at autopsy, those diagnosed with CBS don't usually have CBD!

Quiz Question #17

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B) the term “corticobasal syndrome” is a clinical diagnosis

C) the term “corticobasal degeneration” is a pathologic diagnosis (established by autopsy)

D) at autopsy, those diagnosed with CBS don't usually have CBD!

Quiz Question #18

Medications for people with PSP and CBD may be effective for these symptoms:

- A) depression
- B) urinary incontinence
- C) dry eyes
- D) freezing of gait

Quiz Question #18

Medications for people with PSP and CBD may be effective for these symptoms:

A) depression

C) dry eyes

B) urinary incontinence

D) freezing of gait

Quiz Question #19

True/False?

Frontotemporal degeneration (FTD) is an umbrella term referring to disorders of the frontal lobe and temporal lobe. Subtypes of FTD include PSP and CBD.

True

False

Quiz Question #19

True/False?

Frontotemporal degeneration (FTD) is an umbrella term referring to disorders of the frontal lobe and temporal lobe. Subtypes of FTD include PSP and CBD.

True

False

Quiz Question #20

True / False?

Alzheimer's medications are helpful with the dementia in Richardson's syndrome.

True

False

Quiz Question #20

True / False?

Alzheimer's medications are helpful with the dementia in Richardson's syndrome.

True

False

Quiz Question #21

PSP has been known as:

- A) Steele-Richardson-Olszewski syndrome
- B) Parkinson's plus
- C) frontotemporal dementia with parkinsonism
- D) none of the above

Quiz Question #21

PSP has been known as:

A) Steele-Richardson-Olszewski syndrome

C) frontotemporal dementia with parkinsonism

B) Parkinson's plus

D) none of the above