



Brain Support Network

Lewy Body Dementia (LBD) / Dementia with Lewy Bodies (DLB) TOP RESOURCES

Brain Support Network (BSN) has reviewed many resources available on Lewy Body Dementia (LBD), also called Dementia with Lewy Bodies (DLB) and Parkinson's Disease Dementia (PDD). In our opinion, these are some of the most helpful:

An Introduction to Lewy Body Dementia and Medical Alert Card

This publication of the Lewy Body Dementia Association is for newly diagnosed.

lbda.org/wp-content/uploads/2020/09/

[facing_lewy_body_dementia_together_brochure.pdf](http://lbda.org/wp-content/uploads/2020/09/facing_lewy_body_dementia_together_brochure.pdf)

Alzheimer's Association Overview of Dementia with Lewy Bodies

This straightforward explanation of DLB symptoms, diagnosis, causes, and treatments includes a list of key differences between Alzheimer's and DLB.

alz.org/dementia/dementia-with-lewy-bodies-symptoms.asp

Lewy Body Dementia: Information for Patients, Families, and Professionals

This 40-page booklet was updated in June 2018 by the National Institute on Aging. It describes the main symptoms of DLB and PDD.

ninds.nih.gov/Disorders/Patient-Caregiver-Education/Hope-Through-Research/Lewy-Body-Dementia-Hope-Through-Research

Understanding Lewy Body Dementia

This thorough presentation on LBD and its treatment, with an extensive Q&A, was presented by Dr. Bradley Boeve in October 2018 in Michigan.

[youtube.com/watch?v=wCJPv0eXeQk](https://www.youtube.com/watch?v=wCJPv0eXeQk)

Parkinson's Disease: Mind, Mood & Memory

This excellent 100-page publication from the National Parkinson Foundation has a terrific chapter on Dementia with Lewy Bodies.

www3.parkinson.org/site/DocServer/Mind_Mood_Memory.pdf

LBD Caregiver and Expert Discussion

This panel discussion after the movie "SPARK" about Robin Williams, featured UCSF's Bruce Miller, MD, and Brain Support Network local LBD support group members Dianne and Denise. This June 2021 webinar was co-hosted by Family Caregiver Alliance and Brain Support Network.

Webinar recording: [youtube.com/watch?v=tOHXqZDyobs](https://www.youtube.com/watch?v=tOHXqZDyobs)

BSN notes: brainsupportnetwork.org/lbd-panel-discussion-after-spark-bsn-fca/

Caregiving Brief – Behavioral Changes in LBD

The Lewy Body Dementia Association published its “Care Briefs” series in 2013. The brief on behavioral changes is especially helpful.

lbd.org/wp-content/uploads/2013/02/2016caregivingbrief_behaviorchanges.pdf

Orthostatic Hypotension (OH) in Parkinson’s Disease (PD), Multiple System Atrophy (MSA), and Lewy Body Dementia (LBD)

Dr. Veronica Santini describes the symptoms of OH, lists the conservative and medication interventions, and answers questions. This September 2017 webinar was co-hosted by Brain Support Network and Stanford.

Webinar recording: youtube.com/watch?v=-FzsgUfQ_xlBrain

BSN notes: brainsupportnetwork.org/orthostatic-hypotension-webinar-bsn-su/

Psychosis: A Mind Guide to Parkinson's Disease

This 2018 publication from the Parkinson Foundation offers a description of psychosis, its causes, treatments, and tips for caregivers.

parkinson.org/library/books/psychosis

The Reality of LBD - Hallucinations & Delusions and How to Manage Them

This hour-long webinar in July 2017 is a terrific introduction to the psychiatric and behavioral problems in DLB by Dr. James Galvin. He addresses the challenges in assessment and management of these symptoms.

Webinar recording: youtube.com/watch?v=zGSS4qNaJH0

BSN notes: brainsupportnetwork.org/hallucinations-delusions-webinar/

Is it Lewy?

This tri-fold pamphlet from the Lewy Body Dementia Association lists symptoms to differentiate LBD from Alzheimer’s and Parkinson’s.

lbd.org/wp-content/uploads/2020/09/is_it_lewy.pdf

UCSF Memory & Aging Center Overview of Lewy Body Dementias

This webpage provides an overview of both DLB and Parkinson’s Disease Dementia (PDD) – causes, symptoms, diagnosis, progression, and treatment.

memory.ucsf.edu/lewy-body-diseases

Lewy Body Dementia: The Under-Recognized but Common Foe

This 2013 article was written by Drs. Meera Balasubramaniam and James Galvin. It addresses diagnostic challenges.

ncbi.nlm.nih.gov/pmc/articles/PMC3999867